

Ephesians Study Questions

Session 1: Ephesians 1:1-14



Name: _____

Date: _____

There is one body and one Spirit—just as you were called to the one hope that belongs to your call—one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all.
Ephesians 4:4-6 (ESV)

Introductory Notes:

Greeting

1. In these opening verses what does Paul say or reveal about himself and God?

Verses 1-2

2. Why does Paul refer to himself as an Apostle and what does it mean?
3. To whom is Paul writing and why does refer to them as saints?

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4. What if any significance do you place on Paul's blessing in verse 2?

Greeting

5. How do you think such a blessing would be received? What do you think Paul was doing in writing it?

Verses 1-2

6. Describe a time when you have experienced God's grace and/or peace. What happen and how did it bless and/or comfort you?

Chosen, Blessed & Redeemed

1. How does Paul describe God and our relationship to him in verses 3-14?

Verses 3-14

2. What words, phrases, or verses speak most to you in this section? Why?

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Verses 3-14

3. What does the Apostle indicate about God's choosing us?

4. What do think about being "Chosen" by God? How does that make you feel?

5. How does such a choice influence your faith, encourage, and/or challenge you?

6. What do you make of each of the following phrases?

a. "Holy and Blameless"

b. "Predestined us for adoption"

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c. "Blessed us in the Beloved"

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7. Who is the "Beloved"? Why do you believe this?

Verses 3-14

8. How does Paul describe our redemption?

9. Why is having "redemption through his blood" and why is this significant and to whom?

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10. What are the attendant fruit or outcomes that flow out of this redemption?

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11. How might each of these fruit/outcomes be applied to the Christian life and walk of faith?

Verses 3-14

12. What do think the Apostle Paul means in Verse 11 when he speaks of obtaining an inheritance? What is that inheritance and how is it of any value to you?

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13. How does Paul discuss and describe the "gospel"?

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14. How do verses 13-14 describe the Holy Spirit and what can we deduce from this?

Verses 3-14

15. What is your biggest epiphany or take away from Paul's discussion of the Spiritual Blessings found in Christ (vv. 3-14)?

Session Summary

16. What is one specific action you take based on what you read in this passage and how will it further the Kingdom of God?